



Mike Win <mikewyn@gmail.com>

Re: Thank You!

1 message

Mike Win <mikewyn@gmail.com>

Tue, Jan 19, 2016 at 11:39 AM

To: Loan Le <loanmaile@gmail.com>

Cc: Nancy Stebbins <nancy.stebbins@gmail.com>, i See <loveleplace@gmail.com>

Hi Loan,

I agree that raging anger can bring out the worst, the ugliness in us. Our language becomes filthy, ugly. And when two persons ignited and smothered by the same raging anger it became uncontrollable and violent. This is a good lesson for us all.

Thank you for your note and hope that we'll control ourselves so that we won't cause any more damage to ourselves and those around us and start to heal.

Best
M.

On Tue, Jan 19, 2016 at 1:38 AM, Loan Le <loanmaile@gmail.com> wrote:

Hello,

I want to sincerely thank both of you for taking the time to try to help us and I am so sorry that we let things went out of control.

I strongly believe that Hai and I can work our issues out on our own. We have been together for 30 years, and the love we have for each other is still here. We won't give up on each other, especially now!

I know what I need to work on and I hope Hai will do the same.

Michael, I accept your apology and no, I am not mad at you. It was not your fault to be frustrated, I understand people have their limit.

Thank you. Good night.

Loann

Loann M. Le, RD

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A person is confined within what he can comprehend; the understood

*familiarities are the basis as well as the limits for imagination and ideas -
by Ansel Le*

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